

The Benefits of the Blood of Jesus

1. What Is Blood? (Natural Understanding Before Spiritual Revelation)

In natural terms, what is blood?

Blood is a specialized, life-sustaining liquid tissue that circulates through the body through the heart, veins, arteries, and capillaries. *The main take away here is that it is life giving and sustaining liquid tissue.*

We can agree that in both the natural and the supernatural—both in the physical and in the spiritual realm—**blood is life-giving**. To whatever blood is giving life, that may differ, but we can all agree on this: **blood is of great importance**.

When someone needs a job, in some traditions they say, *“Pour some blood.”*

When someone is sick, they say, *“Pour some blood.”*

When someone dies, it becomes a life-for-life transaction. Human life is lost, and so goats, chickens, and cattle lose their lives too—whether it is to become food or to satisfy some spiritual misalignments, it does not matter. **Blood is shed**.

In our human bodies, blood is a vital component of survival—just as oil is to a motor engine. Blood is necessary for the body to function. It carries nutrients, oxygen, and many other vital components needed across the body.

Even our modern devices—smartphones, smartwatches, and health bands—monitor our vital signs and can even track certain indicators connected to our bloodstream.

They have a **non-invasive pulse oximeter**, functioning similarly to the one used at a hospital, usually placed on your finger, which measures **SpO2**.

SpO2 stands for **Peripheral Oxygen Saturation**—a measurement of the percentage of oxygen-saturated haemoglobin in the blood. Normal readings range from **95% to 100%**, with levels below **90%** considered low (**hypoxemia**). It is used to monitor cardiovascular and respiratory health, during sleep studies, and even in fitness.

Hypoxia is a dangerous condition where body tissues do not receive enough oxygen to maintain normal function. It is often caused by breathing problems, poor blood circulation, or low oxygen levels in the blood. It is a medical emergency that can cause confusion, shortness of breath, rapid heart rate, and severe, irreversible damage to organs like the brain and the heart.

If you go to the doctor, and he cannot dismiss you with just painkillers and a quick check of your vitals, he will often tell you to go do **blood work**. Why? Because they know that what is in your bloodstream matters.

They will check for many things in the blood:

- If you do not have enough oxygen in your blood, **you will have issues**.
- If you carry a virus in your blood, **you will have issues**.
- If your sugar levels are too low in your blood, **you will have issues**.
- If you do not carry enough heat in your bloodstream, what will happen?
You guessed it—**issues**.

And if any part of your body cannot receive oxygen, or oxygen cannot enter your bloodstream, that area will turn bluish and eventually suffer catastrophic consequences.

So as much as it is important to have the right things in your physical bloodstream, it is also important that in your **genealogical bloodstream**, in your **bloodline**, there are good things flowing.

Because hear me carefully:

Curses can flow in a bloodline.

Diseases can flow in a bloodline.

Lack can flow in a bloodline.

Blessings can also flow in a bloodline.

So your **origin matters**.

What flows in your blood today can impact your children's children.

Psalm 145:4 says:

"One generation commends your works to another; they tell of your mighty acts."

And if you did not do the right things as a forefather, they may still speak about you—but not because of your mighty acts. They may speak of how much of a drunkard you were. Whether it is good or bad, **it can flow in the bloodline**.

Let me say something that may sound simple, but it is serious:

Whether you are 6 years old here today, or 60 years old one day, eventually you will be somebody's forefather.

The Word tells us in **Proverbs 13:22 (KJV)**:

"A good man leaveth an inheritance to his children's children: and the wealth of the sinner is laid up for the just."

I do not know what people call a “good man,” but we can clearly see what the Bible calls a good man. So even if a sinner leaves some money, Scripture says it may still end up in the hands of the just.

Do not ignore where you come from.
Whether you love them or hate them, **your people matter to you.**

But how?

Let us take a deep dive.

Back to the beginning.

2. Why Do We Need the Work of the Blood of Jesus?

To understand the benefits of the Blood of Jesus, we must go back to **Genesis**.

If you do not understand what was lost in Eden, you will never fully appreciate what was restored at Calvary.

- **Genesis 1:26-28 26 AMP** Then God said, “Let Us (Father, Son, Holy Spirit) make man in Our image, according to Our likeness [not physical, but a spiritual personality and moral likeness]; and let them have complete authority over the fish of the sea, the birds of the air, the cattle, and over the entire earth, and over everything that creeps *and* crawls on the earth.” 27 So God created man in His own image, in the image *and* likeness of God He created him; male and female He created them. 28 And God blessed them [granting them certain authority] and said to them, “Be fruitful, multiply, and fill the earth, and subjugate it [putting it under your power]; and rule over (dominate) the fish of the sea, the birds of the air, and every living thing that moves upon the earth.”

Adam had dominion over the most dangerous animals, today some of us do not even have dominion over our own dogs at home that we feed and shelter.

- **Genesis 3:15-17 TPT** And I will place great hostility between you and the woman, and between her seed and yours. He will crush your head as you crush his heel.” Then God said to the woman, “I will cause your labor pains in childbirth to be intensified; with pain you will give birth to children. You will desire to dominate

your husband, but he will want to dominate you.” And to Adam he said, “Because you obeyed your wife instead of me, and you ate from the forbidden tree when I had commanded you not to, the ground will be cursed because of you. You will eat of it through painful toil all the days of your life.

All the reasons we need the Blood of Jesus here on earth **emanate from the events that took place in Genesis chapter 3.**

Because in Genesis 3, humanity lost something.

We lost our immortality

Genesis 3:3 reminds us that death entered the human experience through disobedience.

“...except the fruit from the tree which is in the middle of the garden. God said, ‘You shall not eat from it nor touch it, otherwise you will die.’”

We lost our permanent stay in the Presence of God

Genesis 3:8 Before the fall, Adam and Eve enjoyed uninterrupted fellowship with God.

“And they heard the sound of the Lord God walking in the garden in the cool of the day... so the man and his wife hid themselves from the presence of the Lord God...”

They did not just lose a garden.

They lost **access**.

We gained an enemy

Genesis 3:15 says:

“And I will put enmity (open hostility) between you and the woman, and between your seed and her Seed; He shall bruise your head, and you shall bruise His heel.”

Many consider this verse the **Protoevangelium**—the first announcement of the Gospel.

This is the first prophecy of the Messiah, who through His death on the cross and resurrection would ultimately crush Satan.

Let me say it plainly:

The issues remain the same from the time of Adam until now.

God still gives all of us our own “Edens” with instructions to sustain and keep them.

- He gives you an Eden in the form of a good marriage.

- He gives you an Eden in the form of a good job.
- He gives you an Eden in the form of a good business.

And then what happens?

We spoil it.

It is a test of obedience and stewardship that happens to all of us—young and old.

We lost wealth

Because of the fall, labour became harder.

Genesis 3:17–19 shows us that what once came with ease would now come through sweat, toil, thorns, and struggle.

Before the fall, provision flowed.
After the fall, survival fought back.

We lost inheritance

We lost a physical place where we could dwell in the permanent Presence of God.

We lost a good farm.
We lost Eden.
We lost unrestricted access.

God drove them out of the garden—not because He had abandoned them, but because He knew that living forever in a fallen condition would be worse.

So yes, judgment came.
But even in the judgment, mercy was present.

3. The Restoration Plan Was Announced in the Garden

Genesis 3:15 does not only announce conflict.
It announces **hope**.

As God laid down judgment in the garden—with Adam, Eve, and the serpent present—He also gave the serpent a warning:

“This is not the end of the story.”

In other words:

“You may have struck, but Heaven already has a counter-plan.”

We see this confirmed throughout Scripture:

- **Galatians 4:4**
 - **Isaiah 9:6**
 - **Matthew 1:23**
 - **Luke 1:31**
 - **Romans 16:20**
 - **Revelation 12:17**
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4. Why the Blood of Jesus Had to Be Perfect

Now let us go deeper.

When a woman is pregnant, if there is ever concern regarding the legitimacy of parentage, it is usually the father who is tested. The mother is only tested in unusual circumstances, because ordinarily we see the woman carrying the child from pregnancy to birth.

Biologically, although the baby carries the genetic identity of the mother and father, **the mother’s blood and the baby’s blood do not directly mix in the womb**. They remain in separate circulatory systems, with the placenta acting as a barrier that allows the exchange of oxygen, nutrients, and waste—but not the direct mixing of blood.

And this is part of the brilliance of God’s design.

When Mary asked the angel in **Luke 1:26–38**, *“How will this happen, since I do not know a man?”* the answer was essentially this:

“Do not worry about that. The Holy Spirit will handle what no man can do.”

The Holy Spirit overshadowed Mary, and Jesus was conceived by divine intervention.

And this is the mystery:

The Blood of Jesus was not contaminated by Adam’s fallen line.

The Blood of Jesus was not sourced from sinful humanity.

The Blood of Jesus was Heaven’s Blood introduced into earth’s timeline.

Let me say that again because it is too powerful to rush:

The Blood of Jesus was transported from eternity into time.

So when Jesus was sacrificed, it was not merely a man dying.

God was offering Himself through His son.

Perfect Blood was being poured out.

The wrath of God was being satisfied by the righteousness of God.

This is why the cross is not just a tragedy.

It is a transaction.

It is not just suffering.

It is satisfaction.

It is not just execution.

It is redemption.

God gave Himself for us in Christ.

That is the redemption plan.

5. The Wrath and the Blessing of the Bloodline

The bloodline under which we are naturally born can determine much about the quality of our lives on earth.

If your blood in your body is contaminated, your quality of life deteriorates.

That is why when doctors cannot find a diagnosis through simple tests, they go deeper—often to the blood.

Because they know:

The blood can reveal the root of the symptoms.

In severe cases of trauma where blood loss occurs, a patient may need a **blood transfusion**.

And I came to tell somebody today:

Some of your generations need a blood transfusion.

And the matching blood type is the Blood of Jesus.

Some people enjoy wealth because somewhere in their bloodline, somebody made a decision to pursue wealth, build something, and leave an inheritance.

Three generations later, people are eating from a table they never built.

Why?

Because of **bloodline access**.

But the opposite can also be true.

A person can still be paying for the consequences of their forefathers.

If your forefathers walked in witchcraft, occult covenants, blood rituals, or unjust dealings, something can be introduced into the generational bloodline that contaminates each person born into that lineage.

And then every child born there becomes exposed to what they never chose.

- Sicknesses
- Poverty
- Oppression
- Repeated patterns
- Unexplainable limitations
- Demonic harassment

It all becomes “normal” in the family.

6. Biblical Proof That Bloodlines and Covenants Matter

A. The Curse on Jericho – Joshua 6:26 / 1 Kings 16:34

Joshua declared a curse over Jericho:

“Cursed before the Lord is the man who rises up and rebuilds this city, Jericho; with the loss of his firstborn he shall lay its foundation, and with the loss of his youngest son he shall set up its gates.”

Pay attention:

This curse was **not spoken by a witch doctor**.

It was **not spoken by a wizard**.

It was spoken by **a man of God**.

Then about **350–400 years later**, in **1 Kings 16:34**, Hiel of Bethel rebuilt Jericho—and exactly as spoken, he lost his sons.

Those boys had no business with Jericho.

But because their father touched something under a word, **the consequence touched the household.**

That is how serious spiritual legality can be.

B. Mephibosheth – The Blood of Covenant (2 Samuel 9:1–12)

Mephibosheth had nothing to do with the covenant between Jonathan and David.

Yet he ate at the king's table because of a covenant he did not initiate.

That is the power of covenant.

This is why people say—though often misunderstood:

“The blood of the covenant is thicker than the blood of the womb.”

In ancient times, covenants were often sealed in blood. Sometimes a thumb would be pricked, blood would be applied, and an agreement would be confirmed. In other cases, animals were sacrificed to seal the seriousness of the covenant.

And even today, there are people who still seek access to power, wealth, or protection through evil altars and blood sacrifices.

Why?

Because even the kingdom of darkness understands what many believers ignore:

Blood speaks.

Blood testifies.

Blood gives legal access.

C. David, Solomon, and Inherited Promise

In **2 Samuel 7 11-16**, God made a covenant with David and spoke concerning his offspring.

Before Solomon had done anything, there was already a promise hanging over his life.

At one stage, the only thing Solomon had to do was **be born.**

That is how inheritance works.

Let me put it this way:

You are not a wicked person. So when your days are done, may your house, your cars, your policies, and your assets be enjoyed by your children—not by strangers.

That is biblical inheritance.

And yes, even if Solomon's story was complicated, the covenant still found him.

7. The Serpent Grows If It Is Not Dealt With

The serpent Adam and Eve failed to deal with in Genesis shows up in Revelation as a dragon.

Let that sink in.

What is tolerated in one generation can become a monster in the next.

If parents fail to deal with certain things:

- addictions
- altars
- occult covenants
- anger
- immorality
- debt cycles
- disobedience
- generational pride

...their children and grandchildren may have to fight a much bigger version of the same thing.

You can literally see an albatross of disease, poverty, shame, and pain hanging around the necks of families.

8. The Benefits of the Blood of Jesus

Now that we understand the problem, let us talk about the answer.

Today, you and I have direct access to all the benefits that come with a **new bloodline** through our Lord and Saviour, **Jesus Christ the Anointed One**.

Benefit 1: The Blood Gives Us Redemption and Forgiveness

Ephesians 1:7

“In Him we have redemption through His blood, the forgiveness of sins, in accordance with the riches of God’s grace.”

The Blood of Jesus:

- redeems us
- cleanses us
- frees us from sin
- restores us to relationship with God

But hear me carefully:

You must have a relationship with Jesus Christ of Nazareth to experience the benefits of His Blood.

This is not automatic.

Do not leave this conference without:

- giving your life to Jesus, or
- fixing your relationship with Him

Benefit 2: The Blood Is a Legal Entity in the Spirit Realm

The Blood of Jesus is not just symbolic.
It is **legal**.

In the spirit realm, the Blood of Jesus speaks against:

- unauthorized access
- illegal spiritual activity
- demonic claims
- accusations
- condemnation
- spiritual trespass

The Blood is continually speaking.

The Blood is continually restoring.

The Blood is continually testifying on your behalf.

Benefit 3: The Blood Gives Us Peace With God

Isaiah 53:5

Because of sin, we lost peace.

Because of the cross, peace was restored.

We lost access to the Presence of God in Genesis 3.

But now:

Ephesians 2:13

“But now in Christ Jesus you who once were far off have been brought near by the blood of Christ.”

The Blood did not just forgive you.

The Blood brought you near.

Benefit 4: The Blood Protects Us

- **1 Corinthians 5:7**
- **Exodus 12:21–23**

Just as the blood on the doorposts in Egypt marked a house for divine exemption, the Blood of Jesus marks the believer for divine covering.

Hear me:

Nothing outside the will of God can come to you without first passing the testimony of the Blood.

Benefit 5: The Blood Breaks Generational Ceilings

Families often experience invisible limits:

- people never live beyond a certain age
- businesses always collapse at the same level
- marriages repeat the same patterns
- money comes but never stays
- every breakthrough is followed by strange loss

Sometimes these are spiritual ceilings reinforced by covenants, rituals, sin patterns, or ancestral agreements.

But the Blood of Jesus breaks:

- generational ceilings
 - inherited limitations
 - repeating cycles
 - illegal patterns
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Benefit 6: The Blood Redeems Your Earthly Bloodline

The Blood of Jesus does not only save **you**.

It gives you power to confront what has been flowing through your line.

Some of us were born into:

- fear
- anger
- addiction
- poverty
- confusion
- sexual immorality
- occult exposure
- repeated failure

But when the Blood of Jesus enters the story, it introduces a **new legal reality**.

You may have been born into one bloodline naturally,
but in Christ, you are introduced to another one spiritually.

Benefit 7: The Blood Restores and Purifies Us

- 1 Peter 1:18–19
- 1 John 1:7
- Hebrews 9:14

We were not redeemed with perishable things like silver or gold, but with the **precious Blood of Christ**.

The Blood:

- purifies
- restores
- sanctifies
- cleanses the conscience
- separates us from dead works

And let us never forget:

Isaiah 64:6 tells us that even our righteousness is like filthy rags.

So if your own righteousness could not save you,
then only the Blood can.

Benefit 8: The Blood Breaks Curses

Galatians 3:13

“Christ has redeemed us from the curse of the law, having become a curse for us...”

A curse-free life is part of your inheritance in Christ.

The Blood of Jesus breaks:

- existing curses
- incoming curses
- spoken curses
- inherited curses
- legal accusations
- even the wrath due to sin

Because on a daily basis, people may curse you:

- with words
- with hatred
- with jealousy
- with accusations
- with evil intentions

But the Blood remains an Advocate in the courtroom of Heaven, declaring:

“Jesus already paid for that.”

Benefit 9: The Blood Restores Your Bloodline

Joel 3:21

“For I will cleanse their blood that I have not cleansed: for the Lord dwells in Zion.”

There are families that need:

- cleansing
- interruption of evil patterns
- healing from inherited pain
- a spiritual reset

And the Blood of Jesus can do what no ritual, no traditional consultation, no family negotiation, and no human effort can do.

Benefit 10: The Blood Gives Us Power Over the Enemy

Revelation 12:11

“And they overcame him by the blood of the Lamb, and by the word of their testimony...”

You have authority to overcome.

Not because you are loud.

Not because you are emotional.

Not because you can shout in prayer.

But because:

- the Blood speaks
 - the Word stands
 - the Name of Jesus is above every name
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9. Conclusion: You Have Been Called Into a New Bloodline

As we conclude, the Bible tells us that we have been called into a **new bloodline**.

- 2 Corinthians 5:17
- 1 Peter 2:9

And **John 1:13** tells us that those who become children of God are:

“born not of blood, nor of the will of the flesh, nor of the will of man, but of God.”

This means:

- New birth is **not inherited by physical lineage**
- New birth is **not inherited by ancestry**
- New birth is **not inherited by natural bloodline**
- New birth is a **supernatural act of God**

In Christ, we are taken **out of a corrupt and sinful bloodline** and introduced into a bloodline of:

- peace
- righteousness
- grace
- mercy
- access
- power
- sonship

See also:

- **Ephesians 2:11–16**
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10. Our Responsibility If We Want to Fully Enjoy the Benefits of the Blood

Now let me be very clear.

There are still things we are responsible for.

First: Relationship with Jesus is non-negotiable

If you want access to the benefits of the Blood, you must have a relationship with Jesus Christ as Lord and Saviour.

That is **non-negotiable**.

Second: Some altars must still be dealt with

Some of us are born again, but there are still areas in our lives that are claiming us.

There are still altars screaming our names.

Some of us still need to visit areas of our lives and deal with:

- unforgiveness
- disobedience
- hidden compromise
- family idols
- unresolved debts
- repeated sinful patterns

Third: Obedience still matters

If we are born again but still withhold the tithe, our finances will stumble and remain vulnerable.

If there are areas in our lineage we still actively participate in, we cannot ignore them.

Even **Gideon**, though the Lord was with him, still had work to do.

Judges 6:25-26 Tear down and build

The presence of God did not exempt him from tearing down altars.

Likewise, saying "*I am blessed and highly favoured*" will not automatically exempt you from every altar still operating in your life.

Fourth: Forgiveness matters

Some of you are not experiencing healing or breakthrough because you are still holding people hostage in your heart.

Not forgiveness with a speech.

Not forgiveness with a church face.

But real forgiveness.

Not forgiving and then every few weeks you reopen the case in every conversation.

Fifth: Integrity matters

If people in your lineage owe others, and they knowingly wronged them, there are things that may need to be made right where possible.

It becomes difficult to ask for divine defence in prayer while knowingly standing on unresolved injustice.

Sixth: Character matters

Some of us are always late at work, then when we are called for a disciplinary hearing, we suddenly want pastors to pray.

Yes, we must pray.

But sometimes we are not praying against witchcraft.

Sometimes we are praying against **bad behaviour**.

Sometimes the prayer point is not the workplace.

Sometimes the prayer point is **laziness**.

And let me say this carefully:

It is difficult for us to rebuke chronic lateness at work when many of us cannot even arrive at church on time.

Tell me about it. What a mess.

Seventh: Let the Holy Spirit continually search you

If we want to fully enjoy the benefits of the Blood of Jesus, then let us live lives that are continually checked by the Spirit of God.

Let Him show us:

- what needs to be fixed

- what needs to be repented of
 - what needs to be torn down
 - what needs to be restored
 - what needs to be made right
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Final Charge

Get your house in order, and the Lord will do the rest.

Stay within the boundaries of the blood!

But hear this:

In **Exodus 12**, if you stepped outside, you stepped outside the jurisdiction of the blood.

And that is still true spiritually.

If I step outside what God has commanded, I may be stepping outside the covering of what I am claiming.

So as much as we say we want to enjoy the benefits of the Blood...

Let us get our lives in order.

Let us get our houses in order.

Let us get our altars in order.

Let us get our hearts in order.

Then the Blood will not only be something we preach about.

It will be something we **live under**.

Do not exit the jurisdiction of the blood, in Exodus 12 it was important that they stay within their houses until the angel of death has passed by.